

ENTREES

ALL ITEMS CAN BE MADE AS A SANDWICH, WRAP OR SALAD.... SANDWICHES & WRAPS SERVED WITH EITHER CUCUMBER SLICES, TOMATO SLICES, OR KETTLE CHIPS & PICKLE

STILL COUNTRY..... \$11

(SALAD) ANGUS BEEF, SAUERKRAUT, CRANBERRY CHUTNEY, AVOCADO, HORSEY DRESSING

(HILL) BILLY CHEESE STEAK..... \$12

(WHEAT FOCACCIA) ANGUS BEEF, RED PEPPER, ONION, HAVARTI, PROVOLONE, CHIPOTLE MAYO

TRAVELER..... \$10

(WHEAT FOCACCIA) ANGUS BEEF, BACON, FETA, SAUERKRAUT, HORSE RADISH AIOLI

SWEET BEAUTIFUL BEEF (DOUBLE BEEF ADD \$2)..... \$11

(WHITE FOCACCIA) ANGUS BEEF, PROVOLONE, ASIAGO, ROASTED TOMATO, RED ONION, PICKLE SPEARS, HOUSE MADE FRENCH DRESSING

BLUE & GOLD..... \$12

(LAVASH FLATBREAD WRAP) ANGUS BEEF, BACON, BLUE CHEESE, CRUNCHY ONIONS, MUSTARD & HORSEY SAUCE

DEVIL DOG BLT..... \$11

(WHITE FOCACCIA) BACON, HAM, MIXED GREENS, TOMATO, PROVOLONE, CHIPOTLE MAYO

GRILLED BLUE CHEESE..... \$10

(WHITE FOCACCIA) BACON, PROVOLONE, BLUE CHEESE, ITALIAN CHEESE, CRANBERRY CHUTNEY, MAYO, CHIPOTLE MAYO

UPCOUNTRY..... \$10

(WHEAT FOCACCIA) TURKEY, HAVARTI, CRANBERRY CHUTNEY, MAYO

COUNTRY HOMEBOY

(WHITE FOCACCIA) HAM, SHARP CHEDDAR, CRANBERRY CHUTNEY, HONEY MUSTARD

UP-A-LETTA

(WHITE FOCACCIA) HAM, PEPPERONI, RED PEPPER, RED ONION, SAUERKRAUT, MUSTARD, PROVOLONE, CAESAR DRESSING

WARMED MIXED GREEN & BACON SALAD

(SALAD) BACON, FETA, CRANBERRY CHUTNEY, CURRIED PECANS, MIXED GREENS, BALSAMIC DRESSING

BELL TOWER..... \$11

(LAVASH FLATBREAD WRAP) GILLED CHICKEN, FETA, CRANBERRY CHUTNEY, MIXED GREENS, CUCUMBER, BALSAMIC

CAESAR'S HEAD..... \$10

(LAVASH FLATBREAD WRAP) GRILLED CHICKEN, MIXED GREENS, ALMONDS, RED PEPPER, ITALIAN CHEESE, CAESAR

TRAILBLAZER..... \$11

(WHITE FOCACCIA) BUFFALO MARINATED CHICKEN, PROVOLONE, BLUE CHEESE, RED ONION, SPRING MIX, MAYO

GYRO..... \$11

(LAVASH FLATBREAD WRAP) CHOOSE HUMMUS (VEGAN), GRILLED CHICKEN, OR BEEF WITH RED ONION, CUCUMBER, TOMATO, MIXED GREENS, SIDE OF TEATZIKI SAUCE

ASIAN CHICKEN SALAD..... \$12

(LAVASH FLATBREAD WRAP) GRILLED CHICKEN, WASABI ALMONDS, CRANBERRY CHUTNEY, CUCUMBER, HONEY MUSTARD, MIXED GREENS, HAVARTI, MAYO, CURRIED PECANS

NEVER BLUE..... \$12

(WHITE FOCACCIA) GRILLED CHICKEN, HAM, BACON, RED ONION, CHEDDAR, CUCUMBER, HONEY MUSTARD

BIG KID'S GRILLED CHEESE (VEGETARIAN)..... \$9

(WHITE FOCACCIA) HAVARTI, PROVOLONE, ITALIAN CHEESES

PENDLETON ST. CLUB (VEGETARIAN)..... \$10

(WHITE FOCACCIA) HUMMUS, AVOCADO, MIXED GREENS, TOMATO, RED ONION, CHIPOTLE MAYO, PROVOLONE

SWAMP RABBIT (VEGETARIAN)..... \$10

(LAVASH FLATBREAD WRAP) HUMMUS, AVOCADO, RED PEPPER, CRISPY ONIONS, MIXED GREENS, CUCUMBER, BALSAMIC

BLUE RIDGE..... \$11

(WHITE FOCACCIA) TURKEY, PEPPERONI, RED ONION, RED PEPPER, MIXED GREENS, BLUE CHEESE, BALSAMIC

POINSETT CLUB..... \$11

(WHITE FOCACCIA) TURKEY, BACON, PROVOLONE, MIXED GREENS, TOMATO, CHIPOTLE MAYO

ON THE SIDE

POTATO SALAD WITH BACON & CHIVES..... \$3

SOUP CUP..... \$4 / SOUP BOWL..... \$6

HUMMUS & CUCUMBER..... \$3

KETTLE CHIPS..... \$1.50

AVOCADO TOAST..... \$5

SLICE OF FOCACCIA PIZZA (SATURDAY MORNINGS ONLY)..... \$4

WARM BACON SIDE SALAD..... \$5 (MIXED GREENS, CRANBERRY CHUTNEY, BACON, FETA, CURRIED PECANS, BALSAMIC)

CAESAR SIDE SALAD..... \$4 (MIXED GREENS, ASIAGO, ROMANO, PARMESAN, ROASTED RED PEPPERS, WASABI ALMONDS, CREAMY CAESAR DRESSING)



SOUP SPECIALS

STECCHA BAQUETTE & BOWL OF SOUP.....\$9

HAM & CHEESE CROISSANT & BOWL OF SOUP..... \$9

FOCACCIA PIZZA & BOWL OF SOUP..... \$9
(SATURDAY MORNINGS ONLY)

FOR THE KIDDOS.....\$6

(INCLUDES KETTLE CHIPS OR SLICED CUCUMBERS, PICKLE, & COOKIE)

2 HAM & CHEESE ROLL UPS

PEANUT BUTTER & JELLY

GRILLED CHEESE (PROVOLONE)

SLICE OF FOCACCIA PIZZA (SATURDAY MORNINGS ONLY)

MAKE YOUR OWN SANDWICH (WHITE FOCACCIA)

CHOOSE YOUR PAIR (PROTEIN + TOPPING)

CHICKEN	PROVOLONE
HAM	CHEDDAR
TURKEY	AVOCADO
ROAST BEEF	CUCUMBER
HUMMUS	

DRESSINGS ON THE SIDE:

CHIPOTLE AIOLI, HORSEY SAUCE, BALSAMIC, TEATZIKI, FRENCH, RANCH, HONEY MUSTARD, CAESAR

BREAKFAST SANDWICHES

- UP CLASSIC..... \$7**
(WHITE FOCACCIA) BACON, EGG, PROVOLONE, CHIPOTLE AIOLI
- CATERDAY..... \$9**
(WHITE FOCACCIA) SAUSAGE, EGG, HAVARTI, HORSEY AIOLI
- NEW TR..... \$9**
(WHITE FOCACCIA) HAM, EGG, RED ONION, CUCUMBER, CHEDDAR, HONEY MUSTARD
- REST STOP..... \$8**
(WHITE FOCACCIA) BACON, BACON POTATOES, EGG, RED ONION, TOMATO, PROVOLONE, CHIPOTLE AIOLI
- CAP CREPE..... \$7**
(WHEAT FOCACCIA) EGG, TOMATO, AVOCADO, RED PEPPER, PROVOLONE, RED ONION, CHIPOTLE AIOLI
- CENTER ST..... \$9**
(WHEAT FOCACCIA) EGG, SAUSAGE, CRANBERRY CHUTNEY, HAVARTI, HORSEY AIOLI

BREAKFAST FRITTATAS

- CAPRESE..... \$8**
WHOLE TOMATO SLICES, RED ONION, CHEDDAR, PROVOLONE, HERB SALT
- STATE PARK..... \$8**
ROASTED RED PEPPER, RED ONION, CHEDDAR, CHOPPED GREENS, CHIPOTLE AIOLI, HERB SALT
- PALADIN..... \$9**
SAUSAGE, CRANBERRY CHUTNEY, HAVARTI, SIDE OF HORSEY AIOLI
- CHEERYDALE..... \$9**
HAM, AVOCADO, TOMATO, PETA, CHIPOTLE AIOLI
- POTATO FREAKE..... \$10**
HAM, BACON POTATOES, CHEDDAR, PARMESAN, HERBS, MUSHROOM SALT
- CARNE ASADA..... \$12**
HANE ROAST BEEF, TOMATO, RED ONION, HAVARTI, CHEDDAR, PETA, PARMESAN, HERB SALT, CHIPOTLE AIOLI

BREAKFAST ENTREES

- * BREAKFAST SALAD..... \$10**
HUMMUS SHEAR, SALAD GREENS, CRANBERRY CHUTNEY, TOMATO, AVOCADO, CUCUMBER, PETA, LIGHTLY TOSSED IN CREAMY CHIPOTLE DRESSING, OVER EASY EGG (ADD CHICKEN \$3)
- * OVER EASY EGGS..... \$3**
TWO EGGS, HERB SALT, CRUSTY BREAD
- * PISSED OFF EGGS..... \$10**
TWO EGGS, BACON, PEPPERONI, MARINARA, PARMESAN, HERB SALT, CHIPOTLE DRIZZLE
- PASTRY BOARD..... \$12**
THREE PASTRIES, TOAST, BUTTER, JAM
- W3DS BREAKFAST PLOBBE..... \$7**
BAKED EGG, 2 STRIPS OF BACON, MUFFIN OR PASTRY

TOAST PLATES

- AVOCADO TOAST..... \$8**
SMASHED AVOCADO, CHIPOTLE AIOLI, PETA, HERB SALT
- TOMATO TOAST..... \$8**
SLICED TOMATO, HORSEY AIOLI, PETA, HERB SALT
- BAKED FRENCH TOAST CASSEROLE..... \$9**
(SATURDAY ONLY) BRIOCHE, VANILLA CREAM CHEESE ICING, PECANS

BREAKFAST SIDES

- SAUSAGE PATTY OR 2 SLICES BACON/HAM..... \$2**
- CHEESY QUILTS..... CUP \$3..... BOWL \$5**
- WARM BACON POTATOES TOPPED WITH PECANS..... \$4**
- BREAKFAST PIZZA (SATURDAY MORNINGS ONLY)..... \$4**
- EXTRA EGG..... \$1.40**
- BREAKFAST SIDE SALAD..... \$3.50**
(LOCAL GREENS, BACON, HERB SALT, LOCAL EGG, TZATZIKI, LEMON WEDGE)



BEVERAGES

- SODA..... \$2**
- LEMONADE..... \$2**
- LOCAL MILK..... \$3**
- SOY MILK..... \$2**
- APPLE JUICE..... \$3**
- ORANGE JUICE..... \$4**
- GRAPEFRUIT JUICE..... \$4**
- HOT TEA..... \$3**
- ICED COFFEE..... \$3**
- DRIP COFFEE..... \$2.25**
- LATTE..... SMALL \$3.25..... LARGE \$4**
- AMERICANO..... SMALL \$3.25..... LARGE \$3.50**
- CAPPUCCINO..... SMALL \$3.25**
- SHOT OF ESPRESSO..... \$2**
- SHOT OF SYRUP..... \$1**
(VANILLA, CARAMEL, OR CHOCOLATE)

GROCERY ITEMS

- CRANBERRY CHUTNEY (8 OZ)..... \$8**
- PIMENTO CHEESE (8 OZ)..... \$8**
- HUMMUS (8 OZ)..... \$7**
- LAVASH (2 PK)..... \$3.50**
- FOCACCIA (4 PK)..... \$5**
- GF FOCACCIA (4 PK)..... \$5**
- DIY PIZZA BOX..... \$15**
- CHIPOTLE MAYO (8 OZ)..... \$7**
- HORSEY SAUCE (8 OZ)..... \$7**
- KOMBUCHA (16 OZ)..... \$6**
- TAKE N BAKE CROISSANTS, CINNAMON ROLLS, OR HAM & CHEESE CROISSANTS (6PK)..... \$18**

* CONSUMING RAW OR UNDERCOOKED MEATS, POU-LTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.