

BREAKFAST SANDWICHES

UP Classic..... \$7

(white focaccia) bacon, egg, provolone, chipotle aioli

GATEWAY..... \$9

(white focaccia) sausage, egg, havarti, horsey aioli

NEW TR..... \$9

(white focaccia) ham, egg, red onion, cucumber, cheddar, honey mustard

REST STOP..... \$8

(white focaccia) bacon, bacon potatoes, egg, red onion, tomato, provolone, chipotle aioli

GAP CREEK..... \$7

(wheat focaccia) egg, tomato, avocado, red pepper, provolone, red onion, chipotle aioli

CENTER ST..... \$9

(wheat focaccia) egg, sausage, cranberry chutney, havarti, horsey aioli

BREAKFAST FRITTATAS

CAPRESE..... \$8

whole tomato slices, red onion, cheddar, provolone, herb salt

STATE PARK..... \$8

roasted red pepper, red onion, cheddar, chopped greens, chipotle aioli, herb salt

PALADIN..... \$9

sausage, cranberry chutney, havarti, side of horsey aioli

CHERRYDALE..... \$9

ham, avocado, tomato, feta, side of chipotle aioli

POTATO FREAK..... \$10

ham, bacon potatoes, cheddar, parmesan, herbs

CARNE ASADA..... \$12

rare roast beef, tomato, red onion, havarti, cheddar, feta, parmesan, herb salt, chipotle aioli

BREAKFAST ENTREES

*OVER EASY EGGS..... \$3

two eggs, herb salt, crusty bread

*PISSED OFF EGGS..... \$10

two eggs, bacon, pepperoni, marinara, parmesan, herb salt, chipotle drizzle

PASTRY BOARD..... \$12

three pastries, toast, butter, jam

KIDS BREAKFAST PLATE..... \$7

baked egg, 2 strips of bacon, muffin or pastry

TOAST PLATES

AVOCADO TOAST..... \$8

(3 pieces of honey wheat focaccia) smashed avocado, chipotle aioli, feta, herb salt

TOMATO TOAST..... \$8

(3 pieces white focaccia) sliced tomato, horsey aioli, feta, herb salt

BAKED FRENCH TOAST CASSEROLE..... \$9

(Saturday only) brioche, vanilla cream cheese icing, pecans

BREAKFAST SIDES

Sausage patty or 2 slices bacon/ham..... \$2

Cheesy Grits..... Cup \$3..... Bowl \$5

Loaded Grits..... Cup \$3..... Bowl \$5

(topped w/ cheese, onions, and bacon)

Warm Bacon Potatoes topped w/ pecans..... \$4

Extra egg..... \$1.40

Avocado toast side.....\$5

Tomato toast side.....\$5



BEVERAGES

Soda..... \$2.50

Lemonade..... \$2.50

Local milk..... \$3

Apple juice..... \$3

Orange juice..... \$4

Grapefruit juice..... \$4

Hot tea..... \$3

Drip coffee..... \$2.50

GROCERY ITEMS

Cranberry chutney (8 oz)..... \$8

Pimento cheese (8 oz)..... \$8

Hummus (8 oz)..... \$7

Lavash (2 pk)..... \$3.50

Focaccia (4 pk)..... \$5

GF focaccia (4 pk)..... \$5

Chipotle mayo (8 oz)..... \$7

Horsey sauce (8 oz)..... \$7

Take n Bake: (6pk)..... \$18

Chocolate Croissants

Cinnamon Rolls

Ham & Cheese Croissants

* consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

ENTREES

all items can be made as a sandwich, wrap or salad..... sandwiches & wraps served with either cucumber slices, tomato slices, or kettle chips & pickle

STILLCOUNTRY..... \$11

(salad) angus beef, sauerkraut, cranberry chutney, avocado, horsey dressing

(HILL)BILLY CHEESE STEAK..... \$12

(wheat focaccia) angus beef, red pepper, onion, Havarti, provolone, chipotle mayo

TRAVELER..... \$10

(wheat focaccia) angus beef, bacon, feta, sauerkraut, horseradish aioli

SWEET BEAUTIFUL BEEF (double beef add \$2)..... \$11

(white focaccia) angus beef, provolone, asiago, roasted tomato, red onion, pickle spears, house made french dressing

BLUE & GOLD..... \$12

(lavash flatbread wrap) angus beef, bacon, blue cheese, crunchy onions, mustard & horsey sauce

DEVIL DOG BLT..... \$11

(white focaccia) bacon, ham, mixed greens, tomato, provolone, chipotle mayo

GRILLED BLUE CHEESE..... \$10

(white focaccia) bacon, provolone, blue cheese, italian cheese, cranberry chutney, mayo, chipotle mayo

UPCOUNTRY..... \$10

(wheat focaccia) turkey, Havarti, cranberry chutney, mayo

COUNTRY HOMEBODY..... \$11

(white focaccia) ham, bacon, sharp cheddar, cranberry chutney, honey mustard

UP-A-LETTA..... \$10

(white focaccia) ham, pepperoni, red pepper, red onion, sauerkraut, mustard, provolone, Caesar dressing

WARMED MIXED GREEN & BACON SALAD..... \$9

(salad) bacon, feta, cranberry chutney, curried pecans, mixed greens, balsamic dressing

BELL TOWER..... \$11

(lavash flatbread wrap) gilled chicken, feta, cranberry chutney, mixed greens, cucumber, balsamic

CAESAR'S HEAD..... \$10

(lavash flatbread wrap) grilled chicken, mixed greens, almonds, red pepper, Italian cheese, Caesar dressing

TRAILBLAZER..... \$11

(white focaccia) buffalo marinated chicken, provolone, blue cheese, red onion, spring mix, mayo

ASIAN CHICKEN SALAD..... \$12

(lavash flatbread wrap) grilled chicken, wasabi almonds, cranberry chutney, cucumber, honey mustard, mixed greens, Havarti, mayo, curried pecans

NEVER BLUE..... \$12

(white focaccia) grilled chicken, ham, bacon, red onion, cheddar, cucumber, honey mustard

BIG KID'S GRILLED CHEESE (vegetarian)..... \$9

(white focaccia) Havarti, provolone, Italian cheeses

PENDLETON ST. CLUB (vegetarian)..... \$10

(white focaccia) hummus, avocado, mixed greens, tomato, red onion, chipotle mayo, provolone

SWAMP RABBIT (vegetarian)..... \$10

(lavash flatbread wrap) hummus, avocado, red pepper, crispy onions, mixed greens, cucumber, balsamic

BLUE RIDGE..... \$11

(white focaccia) turkey, pepperoni, red onion, red pepper, mixed greens, blue cheese, balsamic

POINSETT CLUB..... \$11

(white focaccia) turkey, bacon, provolone, mixed greens, tomato, chipotle mayo

ON THE SIDE

Potato Salad with bacon & chives..... \$3

Soup cup..... \$4 / Soup bowl..... \$6

Hummus & Cucumber..... \$3

kettle chips..... \$1.50

Avocado toast..... \$5

Warm Bacon side salad..... \$5 (mixed greens, cranberry chutney, bacon, feta, curried pecans, balsamic)

Caesar side salad..... \$4 (mixed greens, asiago, Romano, parmesan, roasted red peppers, wasabi almonds, creamy Caesar dressing)

Slice of focaccia pizza (Saturday mornings only)..... \$4



SOUP SPECIALS

Stecca Baguette & bowl of soup.....\$9

Ham & Cheese croissant & bowl of soup.... \$9

Focaccia pizza & bowl of soup..... \$9
(Saturday mornings only)

FOR THE KIDDOS....\$6

(includes kettle chips or sliced cucumbers, pickle, & cookie)

2 Ham & Cheese Roll Ups

Peanut Butter & Jelly

Grilled Cheese (Asiago, Provolone, Havarti, and Cheddar)

Slice of Focaccia Pizza (Saturday mornings only)

Make your own sandwich (white focaccia)
choose your pair (1 protein + 1 topping)

Chicken

Ham

Turkey

Roast Beef

Hummus

Extra Protein \$2 each

Provolone

Cheddar

Avocado

Cucumber

Dressings on the side:

Chipotle Aioli, Horseradish Aioli, Balsamic, Honey Mustard, Caesar